

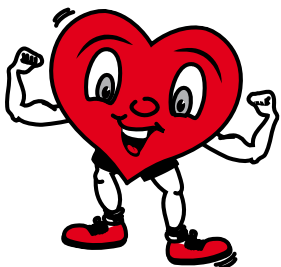
How healthy is your heart?

HEART FACTS

- Over an average lifetime, the heart will beat more than a million times.
- Your body contains about five litres of blood all of which passes through your heart every minute or so. But when necessary, like during exercise, your heart can pump up to four times that amount per minute.
- Cardiovascular disease is the leading cause of death in Australia
- 3.7 million people are affected by and 1.10 million people are disabled by heart disease
- Japanese have the lowest rate of cardiovascular disease
- Heart disease is a major health and economic burden on the community
- 90% of adult Australians have at least 1 modifiable risk factor for heart, stroke and vascular disease. These include obesity, high cholesterol, high blood pressure, smoking, drinking excessively and diabetes

St George Private Hospital is one of the largest Private Hospitals in Sydney. St George Private has a strong reputation for providing an exceptional standard of clinical excellence across a broad range of services – in particular Cardiac Services!

- **Comprehensive cardiac diagnostic testing at Southern Heart Centre situated on Level 4. Tests performed include: Echocardiography (Cardiac Ultrasound), Stress and Resting ECG Testing and Pacemaker Assessment.**
- **Our highly qualified and experienced Cardiac Specialists perform Coronary Stenting, pacemakers and electrophysiology studies, coronary artery bypass grafts and cardiac valve surgery.**
- **St George Private Cardiac Catheter Lab performs approx 1,400 coronary angiograms on patients every year, many who require angioplasty (insertion of a stent) to diseased coronary arteries.**
- **Cardiac Continuum with Kareena Private Hospital. We share clinical expertise with our Specialists and Cardiac professionals working together. The focus is on quality care for our patients by providing consistency in co-operation, communications and professionalism.**



**Healthy Heart
for a Healthy Life**

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